

Tentative schedule of training for the year 2023-24

Sr. No.	Topic	Date
1.	Punjab Occupational Safety and Health Act 2019 & Punjab Factories Act 1934 and Rules thereunder	24.05.2023
2.	Good Laboratory Practices	31.05.2023
3.	Electrical safety risk assessment	07.06.2023
4.	Fire Safety and risk assessment	14.06.2023
5.	Workplace stress: Thermal stress	26.06.2023
6.	Electrical safety risk assessment	05.07.2023
7.	Ergonomics and musculoskeletal disorders	12.07.2023
8.	Hazardous occupations & occupational Diseases	25.07.2023
9.	General risk assessment (OSH)	16.08.2023
10.	Confined space and permit to work system	23.08.2023
11.	Electrical safety risk assessment	30.08.2023
12.	Essentials of Fire safety and management	13.09.2023
13.	Basic First Aid & Resuscitation	23.09.2023
14.	Workplace accident reporting & investigation	11.10.2023
15.	Construction safety	25.10.2023
16.	Introduction to International Labour tools	08.11.2023
17.	GSP Plus and International Safety & Health	15.11.2023
18.	Manual handling and working at height	13.12.2023
19.	Health and hygiene at the workplace	27.12.2023
20.	Fundamental of ISO 45001 and Zero time to start	10.01.2024