

SCHEDULE OF ON-SITE AND IN-HOUSE TRAINING SESSIONS ON OCCUPATIONAL HEALTH & SAFETY FOR THE YEAR 2016-2017

Sr No	Dated	Topic	Venue	Remarks
1.	22-02-2016 to 05-03-2016	Lung function test and personal dust sampling	US Apparel (Pvt.) Limited. Unit 1, 26 M Gulberg III, Ferozpur road, Lahore	Event Done
2.	16-03-2016	Basic First Aid and Resuscitation	Bata Pakistan Limited, P.O. Batapur, Lahore	Event Done
3.	29 to 30-03-2016	Occupational Safety and Health	PIEDMC, MIE, Multan	Event Done
4.	31-03-2016	Basic First Aid and Resuscitation	Sapphire Finishing Mills Limited, 3.5 Km Raiwind-Manga road, Kasur	Event Done
5.	01-04-2016	ToT Ergonomics in textile industry by SBS	SAACIWCE	Event Done
6.	05-04-2016	Basic First Aid and Resuscitation	US Apparel (Pvt.) Limited. Unit, 26 M Gulberg III, Ferozpur road, Lahore	Event Done
7.	06-04-2016	Ergonomics in textile industry	Nishat Apparel Limited, 7 Km Nishat Avenue, off 22 Km, Ferozpur road, Lahore	Event Done
8.	07-04-2016	Basic First Aid and Resuscitation	Nishat Apparel Limited, 7 Km Nishat Avenue, off 22 Km, Ferozpur road, Lahore	Event Done
9.	11-04-2016	Ergonomics in textile industry	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
10.	13-04-2016	Incident Investigation, Root Cause Analysis and Formal reporting by SBS	SAACIWCE	Event Done

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11.	14-04-2016	Fire Safety by SBS	SAACIWCE	Event Done
12.	18 to 20-04-2016	HIRARC by Mr. Ahmad Aizzudin, Malaysia	SAACIWCE	Event Done
13.	25-04-2016	Emergency First Aid by SBS	SAACIWCE	Event Done
14.	29-04-2016	Occupational Health and Safety by SBS	SAACIWCE	Event Done
15.	04-05-2016	ToT Chemical safety by SBS	SAACIWCE	Event Done
16.	10 to 13-05-2016	Lung function test, audiometry, personal dust sampling, Lux metry, noise level metry, chemical test	Bata Pakistan Limited, P.O. Batapur, Lahore	Event Done
17.	17-05-2016	Control group for spirometry from Department of Chemistry, University of Education, Lahore	SAACIWCE	Event Done
18.	23 to 25-05-2016	IOSH Managing Safely by SBS	SAACIWCE	Event Done
19.	16-06-2016	COSHH by SBS	SAACIWCE	Event Done
20.	20-06-2016	ToT Risk Assessment by SBS	SAACIWCE	Event Done
21.	20-06-2016	ToT Machine Safety by SBS	SAACIWCE	Event Done
22.	23-06-2016	ToT Electrical Safety by SBS	SAACIWCE	Event Done
23.	27-06-2016	Silicosis training	Master Tiles & Ceramics Industries,	Event Done

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			Gujranwala	
24.	30-06-2016	Silicosis training	Aamir Stone Crushing Company, Pull 111, Sargodha	Event Done
25.	30-06-2016	Silicosis training	Zain Ali Chattha Stone Crusher, Pull 111, Sargodha	Event Done
26.	04-07-2016	Safe Moving & Handling by SBS	SAACIWCE	Event Done
27.	18-07-2016	Silicosis training	AlRehman Marble Factory & Tile Centre, Lalian, Chiniot	Event Done
28.	18-07-2016	Silicosis training	Azhar Marble Factory, Chenab Nagar, Chiniot	Event Done
29.	28-07-2016	OSH training	PIEDMC, Sundar Industrial Estate, Raiwind	Event Done
30.	19-08-2016	Basic First Aid and Resuscitation	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
31.	23-08-2016	Chemical Safety and PPE in textile industry	US Apparel (Pvt.) Limited. Unit, 26 M Gulberg III, Ferozpur road, Lahore	Event Done
32.	25-08-2016	Silicosis training	Askari Cement Limited Wah, Rawalpindi	Event Done
33.	30-08-2016	Risk Assessment by SBS	SAACIWCE	Event Done

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34.	16 to 31-08-2016	Lung function test and personal dust sampling	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
35.	26-09-2016	OSH Training	PIEDMC, Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
36.	26-09-2016	Training on BOD & COD Kits by Merck	SAACIWCE	Event Done
37.	29-09-2016	Electrical Safety	PIEDMC, Sundar Industrial Estate, Raiwind	Event Done
38.	03 to 05-10-2016	IOSH Managing Safely by SBS	SAACIWCE	Event Done
39.	08-10-2016	Silicosis training	Tayyab Lining Near Mehboob Steel Mills, Alam Chowk, Gujranwala	Event Done
40.	08-10-2016	Silicosis training	Ma Sha Allah Lining Near Mehboob Steel Mills, Gujranwala	Event Done
41.	15-10-2016	Machine Safety in textile industry	Sapphire Finishing Mills Limited, 3.5 Km Raiwind-Manga road, Kasur	Event Done
42.	15-10-2016	Chemical Safety in textile industry	Sapphire Finishing Mills Limited, 3.5 Km Raiwind-Manga road, Kasur	Event Done
43.	15 to 19-11-2016	Lung function test, personal dust sampling, noise level metry, flue gas analysis, PM 2.5 Dusttrak	Interloop Limited Jaranwala road Khurianwala, Faisalabad	Event Done

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44.	03-12-2016	Training on Silicosis	D. G. Khan Cement Company Limited, Dera Ghazi Khan	Event Done
45.	04-12-2016	Training on Silicosis	Ittefaq Stone crusher plant, Mithawan, Quetta road, Sakhi Sarwar, DG Khan	Event Done
46.	04-12-2016	Training on Silicosis	Idreesia Stone crusher plant, Quetta road, Sakhi Sarwar, DG Khan	Event Done
47.	05 to 07-12-2016	IOSH Managing Safely by SBS	SAACIWCE	Event Done
48.	15-12-2016	Electrical Safety	US Apparel (Pvt.) Limited. Unit, 26 M Gulberg III, Ferozpur road, Lahore	Event Done
49.	26 to 28-12-2016	IOSH Managing Safely Training	SAACIWCE	Event Done
50.	29-12-2016	Machine Safety	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
51.	30-12-2016	Ergonomics	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
52.	30-12-2016	Training on Silicosis	Hamdard Stone Crusher, Pull 111, Sargodha	Event Done
53.	30-12-2016	Training on Silicosis	Chattha Stone Crusher, Pull 111, Sargodha	Event Done
54.	31-12-2016	OSH Training	Popular sugar mills Ltd. Sargodha	Event Done

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55.	09 to 13-01-2017	IRCA OHSAS 18001 by SBS	SAACIWCE	Event Done
56.	17-01-2017	Labour Laws, Recruitment & Compensation	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
57.	17-01-2017	Chemical Safety	PIEDMC, Quaid-e-Azam Industrial Estate, Lahore	Event Done
58.	19-01-2017	Electrical Safety	Immi Garments Ltd. Bedian road, Lahore	Event Done
59.	20-01-2017	First Aid & CPR	Immi Garments Ltd. Bedian road, Lahore	Event Done
60.	19 to 20-01-2017	Illumination, Noise Level & Stack Emission Testing	Immi Garments Ltd. Bedian road, Lahore	Event Done
61.	23-01-2017	Electrical Safety	Pak Green Enviro-Engineering (Pvt) Ltd, Lahore	Event Done
62.	24-01-2017	Machine Safety	Immi Garments Ltd. Bedian road, Lahore	Event Done
63.	24-01-2017	Chemical Safety	PIEDMC, Sundar Industrial Estate, Raiwind	Event Done
64.	25-01-2017	Training on OSH	Kamalia Sugar Mills Ltd. (Two Star Industries) Toba Tek Singh	Event Done
65.	30-01-2017	Training on Silicosis	Fauji Cement Company Limited, Attock	Event Done

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66.	30-01-2017	Training on Silicosis	Askari Cement Limited Wah, Rawalpindi	Event Done
67.	15-02-2017	OSH Kits Training	SAACIWCE	Event Done
68.	16-02-2017	OSH Kits Training	District Officer Labour Office Lahore	Event Done
69.	23-02-2017	OSH Kits Training	SAACIWCE	Event Done
70.	01-03-2017	Chemical Safety	US Denim Mills Ltd. Defence Road, Lahore	Event Done
71.	02-03-2017	Training on Silicosis	Board of Management, Small Industrial Estate, Jhelum	Event Done
72.	13-03-2017	Electrical Safety	Bukhtiar Labour Hall, Nisbet Road, Lahore	Event Done
73.	06 to 15-03-2017	NEBOSH IGC in OSH by SBS	SAACIWCE	Event Done
74.	16-03-2017	First Aid & CPR	Sapphire Finishing Mills Limited, 3.5 Km Raiwind-Manga road, Kasur	Event Done
75.	16-03-2017	Ergonomics in Textile Industry	US Denim Mills Ltd. Defence Road, Lahore	Event Done
76.	17-03-2017	First Aid & CPR	Mahmood Textile Mills Limited Unit 5, DG Khan road, Muzaffargarh	Event Done
77.	18-03-2017	Occupational Health & Safety (OSH) Training	Silver Line Spinning Mills Pvt. Ltd Lodhran	Event Done

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78.	21-03-2017	Stack Emission Testing	Comfort Knitwear (Pvt.) Ltd, 45 Quaid-e-Azam Industrial Estate, Kot Lakhpat, Lahore	Event Done
79.	06-04-2017	First Aid & CPR	US Apparel & Textiles (Pvt.) Ltd. Defence Road, Lahore	Event Done
80.	10-04-2017	Hazardous Waste Management/ Hazard Communication by Mr. Abdul H. Khalid, US	SAACIWCE	Event Done
81.	12-04-2017	Occupational Health & Safety (OSH) Training	Bestway Cement Limited, Kallar Kahar, Distt. Chakwal	Event Done
82.	13-04-2017	CIEH Level 2 Health & Safety by SBS	SAACIWCE	Event Done
83.	19-04-2017	Occupational Health & Safety (OSH) Training	Anwar Khawaja Industries (Pvt.) Ltd, Roras road, Sialkot	Event Done
84.	21-04-2017	Occupational Health & Safety (OSH) Training	GOC Pak Ltd. Sialkot	Event Done
85.	25-04-2017	Occupational Health & Safety (OSH) Training	Leather Field (Pvt.) Ltd. Sialkot	Event Done
86.	25-04-2017	Occupational Health & Safety (OSH) Training	Awan Sports Sialkot	Event Done
87.	27-04-2017	Health & Safety and Ergonomics	SAACIWCE	Event Done

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88.	04-05-2017	Occupational Health & Safety (OSH) Training	SDSC, GC University, Lahore	Event Done
89.	10-05-2017	Risk Assessment	SAACIWCE	Event Done
90.	09-05-2017 to 11-05-2017	Lung Function Test	US Apparel (Pvt.) Limited. Unit 5, Defence Road, Lahore	Event Done
91.	17-05-2017	Occupational Health & Safety (OSH) Training	Engro Foods Limited, Sahiwal	Event Done
92.	17-05-2017	Occupational Health & Safety (OSH) Training	Philip Morris (Pakistan) Limited, Sahiwal	Event Done
93.	18-05-2017	Demonstration on Manikins and CPR & AED Training by Medinostic HealthCare Pvt. Ltd.	SAACIWCE	Event Done
94.	22-05-2017	Training on Silicosis	Huzaifa Marble Factory Wah Cantt. Rawalpindi	Event Done
95.	24-05-2017	First Aid & CPR	Bata Pakistan Limited, P.O. Batapur, Lahore	Event Done
96.	25-05-2017	Training on Silicosis	JS Grinding Mill Partner 23km Sheikhpura road, Qila Sattar Shah, Sheikhpura	Event Done
97.	25-05-2017	Stack Emission Testing	Nishat Chunian Printing Manga Raiwind road, Lahore	Event Done

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98.	26-05-2017	First Aid & CPR	Sapphire Finishing Mills Limited, 3.5 Km Raiwind-Manga road, Kasur	Event Done
99.	30-05-2017	Fire Safety	Stylers International (Pvt.) Ltd Youhanabad	Event Done
100.	31-05-2017	First Aid & CPR	Stylers International (Pvt.) Ltd Youhanabad	Event Done
101.	02-06-2017	Stack Emission Testing	Nishat Chunian Printing Manga Raiwind road, Lahore	Event Done
102.	02-06-2017	Risk Assessment & Management Program	Stylers International (Pvt.) Ltd Youhanabad	Event Done
103.	05-06-2017	Hazardous Material & Chemical Handling Safety	Stylers International (Pvt.) Ltd Youhanabad	Event Done
104.	12-06-2017	Stack Emission Testing	Generators Gulberg	Event Done
105.	19-06-2017	Occupational Health & Safety (OSH)	QSA Surgical (Pvt) Limited Sialkot	Event Done
106.	22-06-2017	Confined Spaces	SAACIWCE	Event Done
107.	07-07-2017	Chemical Safety	SAACIWCE	Event Done
108.	07-07-2017	First Aid & CPR	Advance Fashion (Pvt) Ltd Youhanabad, Lahore	Event Done

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109.	13-07-2017	Electrical Safety	SAACIWCE	Event Done
110.	15-07-2017	Occupational Health & Safety (OSH)	Nestle Pakistan, Kabirwala, Khanewal	Event Done
111.	16-07-2017	Training on Silicosis	Idreesia & Company Stone crusher plant, Quetta road, Sakhi Sarwar, DG Khan	Event Done
112.	17-07-2017	Training on Silicosis	Ayana Crush Plant, Sirya road, off Indus highway, near Shahwali, Rojhan, Rajanpur	Event Done
113.	17-07-2017	Training on Silicosis	Sardar Muazzam Khan Mazari Stone crusher, Indus highway, Rojhan, Rajanpur	Event Done
114.	17-07-2017	Occupational Health & Safety (OSH)	Indus Sugar Mills, Indus highway, Rajanpur	Event Done
115.	18-07-2017	Occupational Health & Safety (OSH)	Alhamd Corporation (Pvt) Ltd, off Jampur road, Dera Ghazi Khan	Event Done
116.	19-07-2017	Occupational Health & Safety (OSH)	Mitchells Fruit Farms Industry, Renala Khurd, Okara	Event Done
117.	19-07-2017	Risk Assessment	QSA Surgical (Pvt) Limited Sialkot	Event Done
118.	20-07-2017	Fire Fighting	QSA Surgical (Pvt) Limited Sialkot	Event Done
119.	21-07-2017	Machine Safety	SAACIWCE	Event Done

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120.	01-08-2017	Chemical Safety & use of PPE	US Apparel (Pvt.) Limited. Unit 1, 26 M Gulberg III, Ferozpur road, Lahore	Event Done
121.	03-08-2017	Occupational Health & Safety (OSH)	SAACIWCE	Event Done
122.	09-08-2017	Control of substances hazardous to health (COSHH)	SAACIWCE	Event Done
123.	16-08-2017	First Aid & CPR	SAACIWCE	Event Done
124.	16-08-2017 to 18-08-2017 and 21-08-2017	Lung Function Test	US Apparel (Pvt.) Limited. Unit 1, 26 M Gulberg III, Ferozpur road, Lahore	Event Done
125.	24-08-2017	Occupational Diseases	SAACIWCE	Event Done
126.	25-08-2017	Environmental Health & Safety	Service Industries Limited, 10km Sheikhpura road Muridke, Sheikhpura	Event Done
127.	31-08-2017	Orientation of OHSAS 18001:2007	SAACIWCE	Event Done
128.	08-09-2017	Fire Safety	SAACIWCE	Event Done
129.	19-09-2017	Risk Assessment	SAACIWCE	Event Done
130.	28-09-2017	OSH Kits Training	SAACIWCE	Event Done

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131.	28-09-2017	Confined Space Entry	SAACIWCE	Event Done
132.	05-10-2017	Chemical Safety	SAACIWCE	Event Done
133.	11-10-2017	Risk Assessment	Bata Pakistan Ltd. Branch Factory Maraka, 26km Multan road, Lahore	Event Done
134.	12-10-2017	Chemical Safety	Bata Pakistan Ltd. Branch Factory Maraka, 26km Multan road, Lahore	Event Done
135.	12-10-2017	First Aid & CPR	Bata Pakistan Ltd. Branch Factory Maraka, 26km Multan road, Lahore	Event Done
136.	12-10-2017	Orientation of OHSAS 18001	SAACIWCE	Event Done
137.	19-10-2017	Training on Silicosis	JS Grinding Mill Partner 23km Sheikhpura road, Qila Sattar Shah, Sheikhpura	Event Done
138.	19-10-2017	Electrical Safety	SAACIWCE	Event Done